

BARTS Medical Support Requirements for Alpine Disciplines

Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all tables in this document, an example form is available to consult. This form is available to download from www.qbski.com , as are blank versions of this form.

Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators -from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team <i>This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.</i>	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	Information to be published
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or
Event Medical Director <i>This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.</i>	Evacuation protocols for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	Details of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

Example

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT.

Event Venue	Norfolk Ski Centre	CoR	Tony Williams (CN) Lloyd Jenkins (GP)
Event Dates	16 May 17 May	Event Status	Club National and Mini Grand Prix
Event Doctor (if appropriate)	Not Applicable	Phone: +44.....	
First Aid provided by name:	St Johns	First aider- or Paramedic delete as appropriate	
Local Surgery or NHS 'walk-in' centre (if appropriate)	Address: Not open weekend Phone: +44 From Venue: ? min (? km) with ambulance/car Directions :	Level of Care:	
Hospital	Address: Norfolk and Norwich University Hospital, Colney Lane, Norwich, NR4 7UY Phone: +441603 286286 From Venue: 12 min (9 km) with ambulance/car Directions : A146, A11 following signs for Thetford. On A11 follow the hospital road signs to Cringleford, turn right at the Cringleford roundabout and continue to hospital.	Level of Care: A and E, Trauma Centre, X-Ray Facility	
Pharmacy	Address: Unit 5, Albion Way, Norwich, NR1 1WR Phone: + 44 1603 662894 From Venue: 4 min (2 km) with car Directions: Follow A147, Kings Street, Carrow Road, Koblenz Avenue, left into Albion Way	Level of Care: self medication	
Slope patrol	In contact by radio	Slope patrol on-site during racing Yes/ No	
Ambulance	In contact by phone 999 or +441603 286286	Location Hospital, Colney Lane From Venue: : 12 min (9 km)	
Slope accident Protocol	First aid are located at: Bottom of slope Doctor located at: NA In contact by: Radio or personal contact	1. Incident occurs. 2. First Aid go to incident to estimate the situation. 3. If evacuation of patient is necessary, First Aid indicates walking or stretcher. 4. Treatment and assessment provided and if assessed as necessary 5a. Evacuation to Ambulance and transfer to Hospital A and E or	

Example

		5b advised to contact GP as appropriate. (Advice based on acuity of injury and consultation with parent/coach.) 7. TD completes accident form or notes on report.
Crowd / Public Protocol <i>Only if different from above</i>	First aid are located at: Doctor located at: In contact by:	All as above
Back up plan	Race to restart when at least one nominated first aider is on slope	First aider returns to slope or is in contact by radio. Procedure repeats.

The Medical arrangements fully meet the criteria for BARTS competitions				Yes/ No If no identify issue below
Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
Medical cover	Yes	No	3	Doctor/trauma paramedic not necessary, technical race in controlled environment. Hospital 12 minutes or less
Signed:	Tony Williams CoR CN Lloyd Jenkins CoR GP AN Other CoC/Medical Director	Technical Delegate /Chief of Race/Chief of Course <i>Delete as appropriate</i>	Date: 14/05/2009	

The plan should be should be discussed on setting up contract with venue and prior to publication of acceptance bulletin - the document should be agreed and signed by Chief of Race/Medical Director and Chief of Course plus TD (if applicable).

Please email completed forms to sponsoring member group.